

Greetings MAATA Members,

It's a great day to be a Hornet at Lynchburg College in Virginia! I hope that you also feel that way about being an Athletic Trainer at your place of employment. I love the spring season. New sports, new classes, new trees, National Athletic Training Month in March, and a new MAATA Symposium... it is all energizing and exciting.

As I write my final letter to you, as your District Director, I want to thank you once again for the opportunity and privilege to serve the MAATA and the whole of the NATA membership in this role. As I reflect on the past 4 years, I believe this position has been the height of my professional commitment to Athletic Training. I have truly enjoyed promoting the profession that has afforded me a rewarding career.

Your District III Executive Council has proposed new Constitution and By-Law changes, has kept the treasury in order, and worked hard in bringing you the spring newsletter. Please read the justifications for the additions and changes proposed for the C & By-Laws. We hope an updated document will provide a more manageable governance of district business. I want to thank Marty Baker (Past-Director), Ray Davis (Treasurer), and Jim Berry (Secretary) for their support and advice in my four years as District Director. I enjoyed our teamwork and I believe we accomplished my goals of advancing the district work and the profession of Athletic Training. I also want to thank the several state presidents who assisted the Executive Council with advise, feed-back, and in filtering projects from the NATA to their states. I met some exception people through this position and none finer than those right here in District III.

As I travel through our District to the state meetings and in presenting to student groups, I have a message that I would like to share with all of you.

- We are Athletic Trainers. Although we have frustrations and grievances with the profession, it is our profession to change and advance. Consider using social media to promote our profession rather than "air our dirty laundry" to the public that may not view it in a positive way. The best month of the year to follow AT handles in Twitter is March! All of the positive messages related to being in a great profession are tweeted for the world to see. Collectively we provide a profound statement that tells the public, other professions, and legislators that we are protecting our patients from harm.
- Promotion of the profession can be time-consuming or not. Promoting the profession can be expensive or not. Consider promoting Athletic Training today in one or all of these ways:

1. Post something positive about your profession or job on social media
2. Donate to the NATA [Foundation](#)
3. Donate to the [NATA PAC](#) or your state PAC
4. Secure a personal [NPI number](#) (students as well as professionals)
5. Call, write, e-mail, and/or visit your state and national legislators today to say, "hello, I'm here, and I vote with 45,000 other ATs"
6. Call a committee chair or your state president and ask if he/she needs help with any activities (short-term or long-term projects)
7. Join or renew your [NATA Membership](#) and read the materials sent to you to keep informed, take the surveys, vote in the elections, be engaged in the profession
8. Consider applying to the [NATA Leadership Academy](#) as professional development or work on a [Safe Sports School Award](#)

## FROM THE DIRECTOR



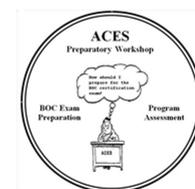
Patricia Aronson, PhD, ATC

## 2017 Supporters of the MAATA

The MAATA would like to thank the following companies for supporting our profession and our association. You may visit their website by clicking on their logo below.



Leaders in Student and Sports Insurance Administration since 1975



continued...

Please review the **Proposed Constitution and ByLaw** changes. Click [HERE](#) to read!

## District III Council

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**Sheila Gordon**

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## MAATA News

This electronic newsletter is published twice a year by the Mid-Atlantic Athletic Trainers' Association, for its members. For information contained in this newsletter or to submit articles/ideas, please contact the MAATA Secretary:

**Dr. Jim Berry**

*Director Aronson's letter continued from Page 1.*

9. If you have a calling for care, consider training with the [ATs Care program](#) when DIII brings the program to the district meeting
10. If you are an AT working in the Secondary School setting, complete the [ATLAS survey](#).

There are many more ways to be involved and serve with time, talents, and money. Please consider doing something today and all month and all year around to move Athletic Training forward!

Below are a few of the activities in which we have engaged since our fall Newsletter. Here are highlights from the MAATA:

- Ray Davis (District Treasurer) and Jason Mitchell (District Meeting Planner) have worked diligently to bring you a super meeting at the Founders Inn and Spa in Virginia Beach in May 2017. We welcome you to join us for education, business, and socialization.
- Lori Bristow and her Educational Program Committee are finalizing their work to bring you another excellent program in May 2017: EBPs, and CEUs, and new tools of the trade!
- Our newly elected District Secretary, Lori Bristow and District Director, Katie Flanagan have been shadowing Jim Berry and me this fall and winter. They have been engaged and enthusiastic. I have no doubts that our district leadership will continue to be productive in the "changing of the guard."
- The Executive Council is making great progress in writing a MAATA Policy and Procedures Manual. Ericka Zimmerman, who is chairing the P&P Manual Task Force, is organizing the document.
- Our current DIII members of NATA committees work very hard all year round to advance the AT profession. I want to thank them profusely for their work. Please take a few minutes to read their articles in this Newsletter to hear what they have to share.
- We have other new leaders from District III, some who have already assumed their positions and some who will begin their real work in June 2017. I want to thank all the applicants for their interest in serving our profession. Please do apply again in the future for these and other leadership positions. Service is a part of our professional responsibility!

Here are highlights from the NATA Board of Directors:

- The NATA is gearing up for the NATA Convention in Houston in June. Pack your boots and join us in Texas!
- The Korey Stringer Institute (KSI) is involved in an important project initiated by the NATA called "The ATLAS Project." This project is tracking AT service-related information in secondary schools across the country. If you are an AT working in the SS setting, and you have not provided your school's information to the ATLAS project, please do so today [HERE](#).
- The College/University Athletic Trainers Committee has transitioned into the Intercollegiate Council for Sports Medicine (ICSM). NATA believes the new structure will benefit the C/U AT, benefit the college athlete's health and safety, and benefit the NCAA and other intercollegiate athletic organizations.
- The NATA, as a member of the Strategic Alliance, is collaborating with the CAATE, BOC, and Foundation in establishing the new competency standards. A member of CAATE will be at our May meeting to present to our membership and answer your questions.

I hope you enjoy the MAATA Spring 2017 Newsletter. Special thanks to all the contributors, to Jim Berry, the Editor, and Sharri Jackson, the designer. The Newsletter is full of updates and opportunities for our members to be involved. I encourage you to read it and consider your own professional advancement in our great profession.

Please don't hesitate to contact me at Lynchburg College if I can be of assistance in your pursuit of involvement in Athletic Training. Until I see you in Virginia Beach, and/or in Houston, take care!

**Pat Aronson, District Director**

[aronson@lynchburg.edu](mailto:aronson@lynchburg.edu)

# IMPORTANT NOTICE

## Proposed Changes to the MAATA Constitution and By-Laws

The District 3 Executive Council is respectfully asking for your review of several proposed changes to the MAATA Constitution and By Laws, which will be presented for a membership vote during our annual meeting in Virginia Beach in May, 2017.

To review the proposed changes to the documents, we would like to invite you to go [HERE](#).

Also included at this site is the specific justification discussed and approved by the Executive Council to determine the need for each of these changes in our governing documents.

If you should have any questions, concerns, or suggestions after reviewing the documents and rationale, we would invite you to please contact Director Aronson at 434-544-8065 or via email at [aronson@lynchburg.edu](mailto:aronson@lynchburg.edu).

## Meet our New District Director, Katie Walsh Flanagan



I am so excited to be Director-elect, and follow (if possible) the terrific trail Dr. Pat Aronson's wonderful leadership has blazed. Thank you for making this possible. Shadowing Director Aronson for the past six months has been amazing, and I am grateful for the next three months of learning. I had NO idea how hard she works for all of you, and am gearing up to carry the torch. No amount of words can describe her passion, drive, and support she has for our great district.

A bit about me: I am California-born, and Oregon State, Illinois State and University of Southern California educated. I have been fortunate enough to serve in two other districts, as well as participate in many state, regional and national athletic training opportunities. Since coming to East Carolina University 21 years ago, I have been the AT program director, but still practice athletic training. Research and safety is actually interesting to me, and I carry a great passion for getting the message for **Athletic Trainers for All**. It is my plan to work hard for this district, be an advocate for ATs, and continue the great work Dr. Aronson has begun. Feel free to reach me at [Flanagank@ecu.edu](mailto:Flanagank@ecu.edu) if something is on your mind that I might be able to facilitate your making it better. Do not expect much before the NATA convention in TX in June, for this is truly Pat's show. I am so grateful to be your representative, thank you.

# Congratulations!



2017 NATA CUATC  
Assistant AT of the Year  
Greg Penczek, ATC  
Towson University



We're looking forward to seeing a lot of MAATA boots in Houston for the NATA 2017, June 26-29!

## From the Secretary

**Dr. Jim Berry**, ATC, SCAT, NREMT



Greetings from South Carolina! I hope that you are all well and looking forward to our upcoming District Meeting in Virginia Beach in May. I have had the opportunity to sit in a couple of the planning meetings for the symposium and it is going to be a great weekend with excellent opportunities for learning and for reconnecting with old friends and colleagues.

As you are all aware, one of my primary duties as your District Secretary is to monitor our membership numbers and work with the District Secretaries across our association to encourage Athletic Trainers to become and remain members of our fine association. Over the past year the membership in District 3 has, unfortunately declined somewhat. As of April 1st, the MAATA had **4,425** members in good standing with the NATA and had renewed their dues by the February, 2017 deadline. Currently our District renewal rate stands at 82%, which is just 1% below this year's national renewal rate of 83%.

More specifically, District 3 has **3206** certified members; **26** associate members; **127** retired members; **11** honorary members; **770** undergraduate student members; and **48** graduate student members. Members by state are as follows: District of Columbia: **64**; Maryland **658**; North Carolina: **1,527**; South Carolina: **721**; Virginia: **1,148**; and West Virginia **307**. If you would like specific numbers for other membership classes please contact me via email and I will be happy to provide you with the specific data you would like.

It has been a pleasure serving each of you as your District Secretary the past two years. I came into this office with the promise that I would make every effort to improve communication with the membership and I hope that you feel that I have fulfilled that promise. Thank you to Director Aronson, District Treasurer Ray Davis, and Past Director Marty Baker for the opportunity to lead our fine association as a member of the Executive Council. As Director Aronson and I step from our leadership roles, I would also like to wish our new District Director, Katie Walsh-Flanagan, and our new District Secretary Lori Bristow the best as they begin their tenures' in June. District 3 is in excellent hands!

Finally, **THANK YOU**, to the membership of District 3 for trusting me with this important office. I have sincerely enjoyed the opportunity to volunteer and serve each of you.

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## From the District Treasurer

**Ray Davis**, MSS, LAT, ATC



Dear Members of District III,

I bring you greetings from the Great State of North Carolina, Go Tar Heels! I trust that the warm weather finds everyone healthy in his or her spring seasons. I hope many of you have been fortunate enough to have successful winter athletic seasons and are moving forward to the same in the spring. Either way, I'm sure that everyone is very busy.

I want to thank District Director Aronson, District Secretary Berry and our District Council for their continued support. I also want to thank the membership for the opportunity to continue to serve as the District III Treasurer for the past 3 years. It has been an enlightening and worthwhile learning experience. I look forward to the next several months as we move forward with our Annual Meeting.

As we move forward over the next few months, I want to urge everyone to do their best and make arrangements to attend both the District III yearly meeting that will be held in Virginia Beach, Virginia and the NATA's Annual Clinical Symposium that will be held in Houston, Texas. This is our final year at the Founders Inn. Lori Bristow and her committee have put together an outstanding district meeting for this spring. It is full of many EBP opportunities and exciting issues that have been of interest to our profession. Furthermore, the NATA meeting in Houston looks very promising. So I hope I have the opportunity to see many of our District III members at both meetings.

In closing I hope that you all continue to have a safe, healthy and productive spring season. I look forward to seeing you all very soon. If I can be of any assistance please do not hesitate to contact me.

The 2017 MAATA Annual Symposium is scheduled May 19-21, 2017 at The Founders Inn & Spa in Virginia Beach, VA.

Information regarding room rates and reservations can be found by clicking on the registration tab below.

**REGISTER HERE**

**WHAT DOES YOUR REGISTRATION GET YOU?!?!?**

The Educational Program is worth up to 13 CEUs. 5 Lecture EBP credits & 2 Lab EBP credits will be available!

We are hosting 2 additional workshops (additional fees required)

*Functional Cast Therapy* - Katherine Bagnato, ATC, OTC, CEAS  
(worth 2 Category A CEUs - EBP pending - limited attendance of 24 attendees) - Friday, May 19 12pm-2pm

*Hypomobility Associated with Chronic Ankle Instability - an Evaluate-Treat-Evaluate Model* - Matt Hoch, PhD, ATC  
(worth 3 additional EBPs - limited attendance of 50 attendees) - Friday, May 19 1pm-4pm

You can add these workshops to your [MAATA registration](#)

**MAJOR DISCOUNT ON CPR/AED RECERTIFICATION!**

**Only \$20!** American Heart Association Basic Life Support for Healthcare Providers certification  
Instructor: Emily Evans – Friday, May 19 3pm-5pm  
Typically \$80-125 fee charges in other localities  
Add this course to your [MAATA registration](#) today!

**RAISE ONE FOR NATAPAC!!!**

Purchase a NATAPAC pint glass (\$30) and receive complimentary beer at the Director's Reception (for a limited time)  
Add the glass to your [MAATA registration](#) today!

Registration Type	Early Before 11:59 EST April 15, 2017	Advanced April 16-May 13, 2017	On-Site May 14-20, 2017***
MAATA Members	\$170	\$215	\$250
Non-MAATA Members	\$250	\$300	\$375
Hall of Fame (NATA/MAATA) Member	\$0	\$0	\$0
Certified Students	\$90	\$150	\$200
Non-Certified Students(HS or College)	\$90	\$125	\$160

**FORE!!!!**

Sign up for the Annual Golf Outing  
Click [HERE](#) for additional information.  
Friday, May 19 – Honey Bee Golf Club  
All proceeds will benefit the Students' Mentors Breakfast  
Add this to your [MAATA registration](#) today!  
Please contact Jason Mitchell ([jmitchel@odu.edu](mailto:jmitchel@odu.edu)) for further details/questions.



*Congratulation to our 2017 MAATA Award Winners!*



*Hall of Fame*



Marty Sataloff, ATC, LAT



**MOST DISTINGUISHED  
ATHLETIC TRAINER**



Robert Cable, MS, ATC



Renee Cork, MEd, ATC



Scott Johnson, MEd, ATC



**ATHLETIC TRAINER  
SERVICE AWARD**



Greg Penczek, MS ATC



Andy Carter, MS, ATC

*Congratulations to our NATA Award Winners from District 3!*

**MDAT** 2017  
 MOST DISTINGUISHED ATHLETIC TRAINER



**Jay Hertel,  
 PhD, ATC, FNATA**



**Bonnie Van Lunen,  
 PhD, ATC, FNATA**



**Ericka Zimmerman,  
 EdD, LAT, ATC**

**ATSA** 2017  
 ATHLETIC TRAINER SERVICE AWARD



**Ernie Drews, MEd, ATC**



**Daniel Duffy, LAT, ATC**



**Sheila Gordon, MEd, ATC**



**Alice McLaine, PhD, ATC**



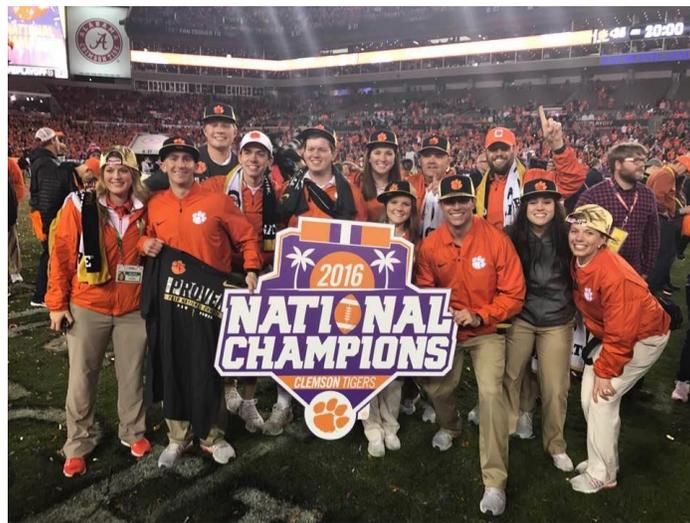
**Jim Baziuki, LAT, ATC**



**Jim Mensch, PhD, ATC**



**Vincent Stilger, HSD, ATC**



**NCAA Football Champions – Clemson University**  
 Danny Poole, ATC, Jeffie Trammel, ATC, Abby DeDecker, ATC  
 GA's and Students.



**NCAA Women's Basketball Champions**  
 University of South Carolina  
 Dr. Jeff Guy, Dr. Tenley Murphy,  
 Marcella Shorty, ATC, Dr. Mike Marchetti



**NCAA Men's Basketball Champions**  
 University of North Carolina  
 Doug Halverson, ATC



#### NEWS FROM NORTH CAROLINA

**Scott Barringer**, M.Ed., LAT, ATC, CAA  
President, NCATA

The North Carolina Athletic Trainers' Association held its annual meeting in Charlotte in conjunction with National Athletic Training Month. The highlight of the weekend was the announcement of

the annual awards presented by the association.



The most prestigious of the awards was the presentation of the **Bill Griffin Most Distinguished Athletic Trainer**, which was presented to **Dan Duffy** for his extensive work with legislative affairs.

**Athletic Trainer of the Year** was presented in four categories:

**Secondary Schools** - Courtney Bunch Phelps, Currituck County High School

**Secondary Schools Outreach** – Stephanie Bowman Sousa, Carolina's Healthcare System at Myers Park High School

**Clinic/Emerging Practices** – Meghan Fulton, Sport Clubs at University of North Carolina-Chapel Hill

**College/University** – Brandon Auton, Catawba College

**The Educator of the Year Award** was presented to **Jim Bazluki** of University of North Carolina at Charlotte.

**James Kirby II** from Greensboro was named **Sports Medicine Person of the Year**. Kirby is a certified athletic trainer with **Pardee Hospital** which is part of UNC Health Care Systems and serves as a lead Athletic Trainer. He has been an integral part in the employment of other athletic trainers in not only the high schools but also the middle schools.

**Architech Sports** of Charlotte was recognized with the **Corporate Service Award**.

**The Presidential Scholarship for Leadership** was presented to **Katy Rogers**, University of North Carolina at Wilmington.

The **Hall of Fame Scholarship for Academic Excellence** was presented to **Lindsey Honkomp**, at **Appalachian State University**.

The **Lifesaver Recognition** was given to **Stephen Digh ATC** of Tuscola HS and **Jennifer Frey ATC** of Pisgah HS worked together to revive the head soccer referee who had collapsed of an apparent heart attack.

The NC Collegiate Athletic Training **Quiz Bowl** was held with eleven teams participating representing colleges across the state. The schools participating were Appalachian State University, Campbell University, Catawba College, Greensboro College, High Point University, Lenoir Rhyne, Methodist, UNC-Chapel Hill, UNC-Charlotte, UNC-Greensboro and Western Carolina. **UNC-Chapel Hill** team of **Destinee Grove, Courtney Martin, and Leslie Sierra-Arevalo** were victorious and will be representing North Carolina at the Mid-Atlantic Athletic Trainers Association District Athletic Training Quiz Bowl in Virginia Beach in May.

#### NCATA NATM 2017

**NATM Proclamations from mayors across the state**



Pictured below: Stavonna Petty, Emily Guerra, Jonathan Chavis, Elizabeth Jewell, Dominique Burgman and Nailah Barry.

Click [HERE](#) to see all the events that took place in North Carolina during the month of March.

Dear North Carolina Athletic Trainers,  
Thank you for your hospitality at your March 2017 meeting in Charlotte. The venue at UNC-Charlotte was excellent and it was obvious your planning committee worked diligently to provide great education to your members.

The NCATA meeting has been a favorite of mine over the years, especially at Wrightsville Beach! I hope to attend your meetings in the future.

Thank you once again for the invitation and making me feel a part of the NCATA family,

Pat, District III Director



**NEWS FROM MARYLAND**  
**Nick Pitruzzella, ATC**  
**President, MATA**

I hope everyone out there is enjoying some pleasant spring weather so far this year out there in District III. Technically we've been into the spring season now for almost one month, and it seems like we had a hard time shaking off winter, as always here on the East Coast. I know everyone loved that final winter snow that dropped, for those that got it, right before winter was officially closed on the calendar.

One thing I was thinking just now "Positive Outlook". I have to tell you that at the start of 2017, my personal and professional moto has been Positive Outlook. It really started at home with my family, and I have definitely adopted the same perspective my work life. No matter the situation I have tried my best to remind myself, take the positive outlook on this and see the brighter side. I can honestly say that it has allowed for me to have less stress throughout my day-to-day life, even though I might not see all situations in the positive light.

I have now been in office as president of the MATA for over 9 months now, and I am learning something new about this office every day. For those out there who have been lucky enough to serve as an officer for any organization, especially your state/district/national association, I'm sure you have an appreciation for what I'm saying. There are so many things that need attention that it seems like it could be, and really is, a full time job all by itself.

We just finished our state legislative session for this year. The MATA did submit legislation to enhance our current practice act and allow athletic trainers in Maryland to be able to help more individuals who can benefit from our services. Unfortunately, our bill remained in our Rules committee this year. Therefore we did not get the chance to testify and have it come to a vote to decide if it would go thru to law. As some of you know, this can be a very frustrating situation. Since we have no control over the process, at least not directly, it made it that much more difficult.

There are/were several situations in play for us during this session, and we could not overcome those obstacles this year. However, Positive Outlook, this did show us some of the changes that we will likely need to make for the future. So, our Government Affairs Committee will meet this summer and evaluate all of our legislative efforts and the changes we need to make going forward.

Mark your calendars for the Maryland Athletic Trainers' Association State Symposium to take place this year, Friday June 9<sup>th</sup> and Saturday June 10<sup>th</sup>. We are back to a full 2 day schedule, so make plans to attend. The registration information will be available shortly, so please check the [website](#) weekly.

I want to say Thank You to everyone out there who has been representing our profession with the utmost respect and love for this profession. I wish you all the best in the rest of this Spring season and look forward to seeing everyone at the District III symposium and the MATA symposium a few weeks later.



**NEWS FROM SOUTH CAROLINA**  
**Sheila Gordon, ATC**  
**President, SCATA**

The annual SCATA Symposium will be held on July 13-14, 2017 at the DoubleTree by Hilton in Columbia, SC.

The annual SCATA Scholarship Golf Tournament will be held on July 12, 2017. Location TBD.

Congratulations to the athletic training students from Winthrop University for winning the 2017 SC Quiz Bowl.

Congratulations to the University of South Carolina Women's Basketball after capturing the 2017 NCAA National Championship!



## NEWS FROM VIRGINIA

**Matt Gage, PhD, ATC**

President, VATA

I hope 2017 is off to a great start for you. The VATA had to cancel our Annual Meeting in January due to a snow storm that impacted the Williamsburg area. Since that time the VATA Annual Meeting Committee has been working to identify alternative ways to offer CEU's to the VATA membership. The VATA hopes to still offer

some CEU opportunities to its members in 2017. Stay tune for more information.

The VATA has had some leadership changes this year as well. **Lisa Kavjian** from Episcopal High School was elected to replace **Beth Funkhouser** as the VATA Secretary. Beth completed the maximum number of terms that she was allowed to serve as Secretary however she has graciously agreed to serve as a mentor to Lisa during 2017. **Chris Jones** from the University of Richmond was elected to continue to serve as the Region 2 representative after serving as the interim last year. **Erin Cash** from Virginia Tech University was elected to serve as the Region 6 representative.

Four new committee chair appointments have also taken place within the VATA during 2017. **Jennifer Armstrong** from EC Glass High School became the new VATA Secondary School Committee Chairperson. The VATA wants to thank **Abbie Hansberger** for her service and dedication to Secondary School Athletic Training. **Mike Puglia** from HCA Sports Medicine/Thomas Dale High School has taken over as the chairperson of the VATA Governmental Affairs Committee. **Dave Palowski**, the former chairperson, stepped down from this position in June of 2016. **Jay Sedory** served as the interim GAC Chairperson until a replacement was identified. The VATA thanks Dave and Jay for the dedication they both demonstrated while serving as the VATA GAC Chairperson. **Tom Campbell** from Bridgewater College is now the chairperson of the Student Affairs Committee. **Sara Pittelkau** from CHKD is taking over as the Annual Meeting Committee Chairperson. The VATA is indebted to **Jamie Frye** and **Kim Pritchard** for the quality of meetings they organized during their tenures as chairpersons of the Student Affairs and Annual Meeting Committees.

## ATLAS Project in Virginia

Virginia is **100% mapped!** **Check it out.** The Secondary School Committee has mapped all (public & private) of the secondary

schools in Virginia. If you are a Secondary School AT, please make sure the information for your school is current on the [ATLAS webpage](#).

## 2018 Virginia Athletic Trainers' Association Annual Meeting and Symposium

Mark your calendars because the 2018 Virginia Athletic Trainers' Association Annual Meeting and Symposium will be held at Kingsmill Resort in Williamsburg, VA on January 5-7. Please bookmark the [VATA website](#) on your Internet browser so you can stay up to date on the recent happenings and upcoming events such as CEU opportunities in each region of the Commonwealth.

## 2017 VATA Student Symposium

Due to weather conditions, the 2017 Annual Meeting and Symposium was cancelled in January. The adjoining student symposium was still housed in February in order to complete the student quiz bowl. Undergraduate and graduate athletic training students gathered on February 25<sup>th</sup> at Liberty University for the student symposium. District 3 Director, Pat Aronson, ATC delivered, "Leadership and Service in the Athletic Training Profession" as the keynote speaker for the students. Director Aronson will also be speaking at the 2017 MAATA Annual Meeting and Symposium of Friday, May 17<sup>th</sup> 5-6pm.



Our 2017 VATA quiz bowl winners will be seeing you at the MAATA annual meeting. George Mason University's ATEP proved to be the last team standing during the VATA student symposium. Sam Hacherl, Felicia



Leipold, Djordje Trifunovic, and Tori Fauntroy represented the GMU squad and contented against 6 other college and universities.

## #NATM2017

Throughout the month of March, the VATA PR encouraged Facebook and Twitter followers to share how each member was celebrating National Athletic Training Month. Fairfax County Public Schools led the likes and comments for sharing their photo. The picture shows 22 out of the 25 high school ATs proudly displaying each high schools Safe School Sport Award. This is the 2nd time that all FCPS high schools have earned that distinction. #NATM2017



# WVATA

## WEST VIRGINIA ATHLETIC TRAINERS' ASSOCIATION

### NEWS FROM WEST VIRGINIA

**Drew Mason, ATC**  
President, WVATA

On March 3<sup>rd</sup> and 4<sup>th</sup>, the WVATA hosted athletic training professionals and students in Flatwoods, West Virginia. Within the two days participants were involved with student oral and poster presentations, quiz bowl, educational sessions, and a lab session on functional movement screening (FMS). Thank you to special

guest, Director Pat Aronson, for making the trip to Flatwoods to network with students and professionals.



represent West Virginia, at the District III MAATA Annual Symposium, in Virginia Beach, during the month of May.

Also during the conference, eight CAATE-accredited athletic training programs participated in the student quiz bowl. After an exciting competition, Concord University took home the trophy. The team members included Berkeley Lowe, Olivia Reilly, and Brittany Domingo. We wish them the best of luck as they

### NATA Professional Responsibility Committee

Joseph A. Beckett, EdD, ATC - District 3 Rep



This inaugural committee was established as a standing committee of the NATA in the fall of 2016. The mission of the PRC is to support the legal, ethical, and regulatory (LER) standards of the Strategic Alliance by encouraging and supporting adherence. In order to meet this mission, three goals were established: 1) Streamline LER resources, 2) education professionals on how to exercise LER standards, and 3) establish an online presence: creating a one-stop space that

provides members with LER resources and conveys to the public the profession's commitment to self-regulation. In addition to representatives selected from each of the 10 NATA Districts and the liaisons to the PRC from other NATA Committees, there are a total of 21 members. The first committee conference call was on October 7, 2016 and the first face-to-face meeting was held at the NATA Joint Committee Meeting in Dallas January 27-29, 2017. Since this meeting, the PRC has had a conference call on February 21 and another one is scheduled for April 7.

Some examples of the LER issues being discussed by the PRC include the following: scope of practice issues (lack of understanding, differences in state practice acts); pressure from coaches associated with return-to-play; privacy/confidentiality related to HIPAA/FERPA compliance; social media; reporting violations, documentation; relationship boundaries; standard of care; and consent/liability/ethics. During the PRC meeting in Dallas, we discussed such noteworthy topics as: Standing orders: what do they mean, and do I need one; LER observations about the clinical/fitness practice setting, about Athletic Training educational programs from a Program Director's perspective, from a Secondary Schools perspective, from the hospital/outreach perspective, and about college athletics from a head athletic trainer's perspective. We also received updates from the BOC, the Foundation, COPE, COPA, GAC, and Federal Legislative Affairs, and began discussing possible opportunities for the PRC to collaborate with these groups in meeting its mission. Along with discussion of these various and diverse LER topics and issues during the one face-to-face meeting and two conference calls we have had to date, the PRC is beginning the process of developing professional development activities for various stakeholders including students, educators, and practitioners working in different clinical settings.

As your District 3 representative on the PRC, I will be reaching out to the membership soon seeking your input on these issues, in addition to requesting your assistance with the creation of professional development activities on those LER topics/issues I have been assigned. Should you be interested in getting involved in the work of this inaugural NATA Committee and hopefully laying a solid foundation for our colleagues in D3 and across the United States, please contact me via email at [beckett76@marshall.edu](mailto:beckett76@marshall.edu). Furthermore, should you have a LER issue you would like the PRC to discuss, I would appreciate receiving your input on this as well.

Dear West Virginia Athletic Trainers,  
Thank you for your hospitality at your March 2017 meeting in Flatwoods. I enjoyed getting to hear of your legislative efforts and the way your leadership is making progress in WV. I also enjoyed Dr. Beckett's lecture that involved the educators, preceptors, and students considering the transition that many of us are making at this time to a Master's in AT professional program.

It is always nice to "meet the members" and reunite with friends. Thank you once again for the invitation and welcoming atmosphere,

Pat  
District III Director

## Governmental Affairs Committee

Anna Sedory, MS, ATC - Chair



In what is my last submission to the MAATA newsletter I'd like to thank the athletic trainers of District 3 who have welcomed me to the East Coast and allowed me to represent them on the NATA Governmental Affairs Committee. It is difficult to express just how much respect and admiration I have for the state association leaders with whom I have been privileged to work.

We are so fortunate that they are willing to sacrifice their time and energy on our behalf. I am writing this as if I have already completed my term, but I serve officially through NATA 2017. Brian Curless will take over in June. He will have been shadowing me (mostly via e-mail and conference call) for almost a full year at this point. He will do an excellent job for us and I do not doubt that you will be as kind to him as you have been to me.

My goal in taking on a role as District 3 representative to the NATA Governmental Affairs to committee was to represent Maryland, North Carolina, South Carolina, Virginia, Washington DC, and West Virginia through advocacy and hard work. I served on two sub-committees and currently chair the awards subcommittee. I helped create an award honoring the memory of beloved MAATA AT and advocate extraordinaire Bill Griffin. I hope to have even more exciting news on the awards front soon. The other subcommittee is tasked with focusing the efforts of the NATA GAC on the needs of the states into the future. I evaluated 6 years of grant applications and collected applications for 5. I've been part of countless brainstorming sessions aimed at keeping states in good legislative standing and raising the profile of ATs across the nation. I know each of the District Representatives comes to the NATA GAC with similar goals, I hope I elevated MAATA and its states in the eyes of my peers representing the 9 other districts. The work done by the NATA GAC pales in comparison to the efforts of each state's leadership; MAATA member state GACs have earned every penny of the \$384,000+ of discretionary and matching grants awarded them by NATA GAC since 2012. During this time, each state faced its own set of challenges ranging from significant threats against AT regulation to the resurrection of an entire state association. In an effort to be less dependent on the NATA for funding, they have formed political action committees and fundraised for their state GACs. Committee members and state

presidents have learned the language of regulation and third party billing. They've made countless visits to state capitols, lobbyist's offices, and legislators. They've made phone calls and written letters and rallied fellow ATs to do the same. Most importantly, the state association leadership and governmental affairs committees in each of MAATA's member states have persevered in the face of daunting opposition, stubborn negotiations, and the ignorance of those not familiar with the profession. They may not win all their battles on the first try, but the foundation laid by these leaders will stand to support future successes.

They can't do it alone. They *shouldn't* do it alone. The success and failure of a state's governmental affairs efforts depends entirely on the enthusiastic participation of its members. Let state governmental affairs be your introduction to professional service.

PLEASE get involved. Contact your state GAC representative with the information listed below.

### MARYLAND

Past President/GAC Chair

Greg Penzcek: [gpenzcek@towson.edu](mailto:gpenzcek@towson.edu)

### NORTH CAROLINA

Chair, COPA: Dan Duffy

[danduffyatc@aol.com](mailto:danduffyatc@aol.com)

### SOUTH CAROLINA

GAC Chair

Brian Smith: [bjsmith@csuniv.edu](mailto:bjsmith@csuniv.edu)

### VIRGINIA

GAC Chair

Mike Puglia: [pugliamj@gmail.com](mailto:pugliamj@gmail.com)

### WASHINGTON, DC

DCATA President

Jennifer Rheeling: [Jennifer.rheeling@dc.gov](mailto:Jennifer.rheeling@dc.gov)

### WEST VIRGINIA

President WVATA

Drew Mason: [mason\\_d@wwvc.edu](mailto:mason_d@wwvc.edu)

## Political Action Committee

Robert J Cable, MS, ATC - Chair



First, I would like to take this opportunity to apologize for not submitting my usual information letter for the previous MAATA newsletter. At that particular time there were simply not a lot of things going on within the PAC and subsequently not much to report. That is certainly not the case now. Please read on to learn about the exciting things happening with the PAC in 2017!

The NATA Capitol Hill Day for 2017 will occur on May 16, 2017. This is only three days before the MAATA's annual meeting in Virginia Beach and for a lot of individuals who may be interested in going to this event this would be a great time for you to couple both the Capitol Hill day event and the annual meeting. As the majority of you are aware, we are currently working on HR 302. H.R. 302 clarifies medical liability rules for athletic trainers and other medical professionals to ensure they're properly covered by their liability insurance while traveling with athletic teams in another state. Under the bill, health care services provided by a covered athletic trainer or other sports medicine professional to an athlete, athletic team, or a staff member in another state will be deemed to have satisfied any licensure requirements of the secondary state. In addition, the providers will be able to treat injured athletes across state lines without the fear of incurring great professional loss. Many states do not provide legal protection for athletic trainers or team physicians to travel to another state with an athletic team solely to provide care for that team. Medical liability insurance carriers may not cover them when they travel with their team to states where they are not licensed to practice. Consequently, they must choose between either treating injured athletes at great professional risk or abandoning the teams to whom they provide care. NATA urges Congress to pass this crucial piece of legislation that provides legal protection for sports medicine professionals who deliver care to athletic teams across state lines.

We will be staying in the Grand Hyatt in Washington, DC. Registration is currently open and can be found online [HERE](#). This is always an educational and fun day for those who attend. I encourage anyone and everyone to participate in this event.

The Annual NATAPAC Breakfast will be held on Tuesday, June 27, 2017, at 7 AM at the Annual NATA meeting in Houston. I encourage everyone to register for the breakfast and support the PAC. This is always an outstanding event with great speakers delivering amazing messages. Come join us and bring a friend. We will have a number of things available during the MAATA District Meeting in Virginia Beach in support of the PAC. This will all start on Thursday with the golf outing where we will have logo golf balls and logo poker chips for sale to support the PAC. We will also attempt to continue our Bill Griffin Memorial walk this year. Sign-ups and T-Shirt purchases can be done either online with your registration or at the PAC booth at the Founders Inn.

As I have previously explained, this Fun/Memorial walk is not a competition. It is put together to memorialize and remember friends and fellow athletic trainers that have passed throughout the year. The walk is dedicated to Bill Griffin, a longtime MAATA member and a previous NATA-PAC District III representative. This walk will occur Saturday, May 20, 2017, at 7 AM. This is a great time of fellowship and remembrance for friends and comrades who are no longer with us. All donations will be in memory of Bill Griffin, unless otherwise specified.

Finally, we have decided to take on a new initiative to raise money for the PAC this year. We will be selling NATA-PAC glasses for \$30 and you will be able to fill them with beer for as long as the kegs last at the Saturday night reception. This is something that has been very successful with the other districts and we hope that we can follow suit with their success. Please, buy a glass and enjoy yourself, and then take it home so you can enjoy yourself throughout the year. Again, proceeds go to support the NATA-PAC.

I look forward to seeing all of you at the District meeting and I hope to see a number of you at Capitol Hill Day.

**WANTED  
COWBOY AND COWGIRLS**

**AT THE NATA FOUNDATION  
WILD WEST CASINO NIGHT**

**Wednesday,  
June 28, 2017** | **7:30 p.m.**

*To get your tickets and for sponsorship opportunities,  
please head to the saloon.*

**WWW.NATAFOUNDATION.ORG**

Illustration Elements: iStock/Pingebal

## Young Professionals' Committee

Amy Hand, MA, SCAT, ATC - Chair



I hope you have had an excellent semester so far! The YPC has just updated its definition and mission to address the needs and concerns of certified athletic trainers in their first 12 years after initial certification with the hope of providing opportunities and resources for us to be more successful and well-balanced athletic trainers. Our goal is to identify the needs of YPs in our district so that

we can work as a committee to provide the programs and educational opportunities to address them. We also hope to increase YP involvement in volunteer and leadership positions while promoting professional interaction and annual meeting attendance. YPs are the future leaders of our profession, and this is our opportunity to start making a difference.

The committee members and I are enthusiastic about the projects and direction of the YPC at the national, district, and state levels, and we welcome ideas and support from the YPs of District 3. Your DIII YPC is hosting several events at this year's MAATA Symposium, and we hope that you will attend. Director Aronson is giving a presentation on how to get involved in leadership roles within the profession and how to advance yourself in these roles throughout your career (Friday, May 19, 5:00-6:00 PM). The committee is also hosting their annual Career Development session to provide mock interviews, resume and cover letter feedback, and small group discussion to the athletic training students in attendance. YPs are invited to participate in this event in any capacity, from providing feedback, practicing being the interviewer or the interviewee, or participating in a small group discussion (Sunday, May 21, 8:30-10:00 AM). Please let your state representative know if you are interested in participating. We will also be holding our annual YP Social in the Hunt Room on Saturday, May 20 from 7:00-8:00 PM. Please join us!

The NATA YPC will also be hosting several events in Houston, including a Career Development session, a panel presentation to address skills that YPs have identified as their most inadequate when transitioning to practice, and a social event. Please find these sessions on your program, and join us in Houston as well!

I am honored to work with some outstanding athletic trainers on this committee, and we are having to say goodbye to two members whose terms are coming to an end. A huge thank you to Jessica Pope (DC) and Kelley Crowe (Member-at-Large) for all your past and continuing efforts for this committee. If you are a YP athletic trainer and are interested in getting involved, please keep an eye out for the application for these positions.

To stay up-to-date, please "like" the MAATA Facebook Page and look for information about the D3 YPC and your state representative on the MAATA website. If you are interested in being involved in our current and future projects or just have questions, please do not hesitate to contact me or your state representative. We look forward to hearing from you.

## NATA Executive Committee for Education

Debbie Bradney, ATC, District 3 Rep



The NATA Executive Committee for Education (ECE) is a district-based committee whose mission is to inform and assist the profession in setting the direction for athletic training education. The ECE proactively influences best educational practices. The committee is responsible for not only professional and post-professional education, but also continuing education/professional development.

The ECE is currently working on the following projects:

- We are finishing up a collaborative statement regarding internships. Look for articles in the NATA News about internships.
- We are also finishing up a collaborative document defining key terms in our profession (Athletic Training Glossary).
- We are in the process of creating a document that explains the pathways after certification to assist students, faculty, and clinicians.
- We are making progress on the creation of a Board of Athletic Training Specialties.

The **April 2017 NATA News** will be dedicated to Education. You will find articles about internships, a CAATE update, perspectives on EBP, and more.

Please join us in Houston for the ECE sponsored presentation - **Tuesday, June 27, 2017 from 10:45 am to 12:45 pm** in Room 382 for a presentation on **Expanding the Education Paradigm: Teaching Soft Skills: Communication, Conflict Management, Problem Solving** by Malissa Martin, EdD, ATC, Rocky Mountain University of Health Professions Andrew Doyle, MA, ATC, Indiana Wesleyan University Jessica Keller, ATC, Indiana Wesleyan University.



DC @DCATA2014  
 MD @Maryland\_ATs  
 NC @NCATA1974  
 SC @SCATCs  
 VA @VATA\_PR  
 WV @WVATA\_NATAD3

## MAATA Scholarship Committee

Joseph A. Beckett, EdD, ATC - Chair



Happy Spring 2017 Athletic Training Colleagues in District III!

The MAATA Scholarship Committee would like to inform the membership that the 2017 recipients have recently been chosen. These individuals will receive their awards and be formally recognized in Virginia Beach at the Annual Symposium & Business Meeting. A brief description of each award followed by the names and institutions of each recipient is provided below:

**Larry Sutton Scholarship:** Applicant must be a graduating senior or recent graduate of a CAATE-accredited Professional Athletic Training program.



*First Place:*  
Alison Mitchell  
Salisbury University



*Second Place:*  
Gillian McCarren  
Towson University

**Edward Block Scholarship:** Applicant must be enrolled in a CAATE-accredited Professional Athletic Training Program.



*First Place:*  
Catherine Vesper  
College of Charleston



*Second Place:*  
Mary Asgari  
Western Carolina University



*Second Place:*  
Kara Peschock  
Catawba College

**Bobby Gunn Student Leadership Award:** Applicant must be enrolled in a CAATE-accredited professional level program or master's degree Athletic Training Program who has never attended the NATA Annual Meeting and Clinical Symposia.



Katy Rogers  
University of North Carolina Wilmington

In closing, I wanted to extend my appreciation to the Scholarship Committee (identified below) for their time and expertise in the continued enhancement of the application process and their review of the scholarship applications.

Sharon Rogers, PhD, ATC  
North Carolina Representative ([rogerssh@ecu.edu](mailto:rogerssh@ecu.edu))

Caitlyn Johnson, MEd, ATC  
District of Columbia Representative ([caitlynj.atc@gmail.com](mailto:caitlynj.atc@gmail.com))

Lori Bristow, MEd, ATC  
Maryland Representative ([lbristow@gilman.edu](mailto:lbristow@gilman.edu))

Tracy McCallister-Gill, MS, ATC  
West Virginia Representative ([tmccallister@concord.edu](mailto:tmccallister@concord.edu))

Sara Pittelkau, MA, ATC  
Virginia Representative ([syp0721@gmail.com](mailto:syp0721@gmail.com))

Adam Weyer, MEd, ATC  
South Carolina Representative ([aweyer@lander.edu](mailto:aweyer@lander.edu))

## Professional Education Committee

Meredith Petschauer, PhD, LAT, ATC



The Professional Education Committee met at the ATEC in February. We are finishing a series of online modules to assist preceptors in clinical education, working with the BOC to create CEU opportunities for educators and developing a strategic plan for the next few years of projects. The strategic plan will guide us in the direction necessary to be able to serve all educators in athletic training as we transition the degree and meet new challenges in education.

We encourage you to visit the [NATA website](#) to view some of the resources we have for educators.

An exciting addition is the AT Teaching Tips. These are short videos that explore a teaching idea and can be found by clicking [HERE](#). If you are interested in sharing a teaching tip, have concerns, or project ideas please do not hesitate to contact me at [mbusby@email.unc.edu](mailto:mbusby@email.unc.edu).

## NATA Secondary School Athletic Trainers' Committee

George Wham, EdD, ATC, SCAT

Chair, MAATA Secondary School Athletic Trainers' Committee

District 3 Representative, NATA Secondary School Athletic Trainers' Association



### DISTRICT NEWS

#### ATLAS Project

ATLAS is a research project being conducted by KSI in collaboration with NATA SSATC to identify US high schools that have AT's and describe the services provided by the AT. As of March 2, 89% of D3 has been mapped regarding the presence of AT services in schools with

DC, MD, SC, VA, & WV complete (and NC close)! A big thank you goes out to the MAATA SSATC state reps, state SSATC chairs, state presidents, and all those who worked so hard to collect this information.

In addition to the identifying schools who report an AT, ATLAS hopes to assess the depth of AT services provided. **Please ANNUALLY update your school's information and complete the survey regarding the AT services provided at your school. [Click HERE](#)**

#### 2017 MAATA Safe Sports School Grants

See the list on the following page.

### NATIONAL NEWS

#### 2017 NATA Clinical Symposium: Houston

On Tuesday, June 27 1:30-3:30 (first day of the convention) the SSATC will be hosting a session at the NATA convention in Houston titled "Out of the Fire and into the Frying Pan" with sessions on the NATA SSATC will also facilitate a Peer to Peer session discussing "Overcoming Barriers to Implementation of Best Practices" on Wednesday, June 28 9:15-10:15. We also hope to arrange for a Gatorade SSAT Reception (time/date TBD).

#### Electronic Newsletter

The NATA Secondary School Committee recently launched a quarterly electronic newsletter specifically designed for secondary school athletic trainers. If you work in the secondary school setting, you should be already receiving this newsletter through email. If not, please contact the NATA office at 214-637-6282. Current and archived editions can be found [HERE](#).

#### Secondary School Online Resources

Lots of great resources that have been developed by the NATASSATC for the secondary setting should be easier to locate

with the new NATA website.

Guidelines for Developing a Team Physician Services Agreement in the Secondary School (NEW in 2016)  
 Emergency Action Plan Guidelines: Mental Health Emergency in Secondary School Athletes (NEW in 2016)  
 Secondary School Sports Medicine Course Outline (NEW in 2016)  
 Secondary School Position Proposal Guide  
 Secondary School Position Improvement Guide  
 Secondary School Value Model (SSVM)  
 Secondary School Case Studies Workbook  
 Parental Safety Checklist  
 Strategies for Funding an AT in a Secondary School  
 Proper Supervision of Secondary School Student Aides Official Statement  
 These and many other great resources can be found at [HERE](#).

### NOMINATE

#### NATA AWARDS

The NATA offers many opportunities to recognize the hard work of outstanding AT's making a difference in their schools, community and profession. Typically, the secondary school setting is underrepresented. Please click [HERE](#) and explore ways to show appreciation for deserving colleague by nominating them for one of the many awards. Nominations are open August 1-September 15.

#### SECONDARY SCHOOL AT AWARDS

(Note: Nomination deadlines vary. See links details.)

#### Servant's Heart Award (new in 2017)

The NATA SSATC has recently been granted approval for a new award called the *Servant's Heart Award* in honor of the late DIII SSATC member David McAlister. The award will recognize a secondary school AT who makes a great difference in their school and community. The application can be found [HERE](#).

#### Gatorade Award

Nominate a worthy peer! This award recognizes a certified athletic trainer from each NATA district who has made outstanding contributions in furthering their high school's athletic care program or the overall profession of secondary school athletic training. Each winner receives a \$1,000 grant a Gatorade G Series Performance package, a Sidelines Cart, and an all expenses-paid trip to NATA Annual symposia in 2018. The application can be found at [HERE](#).

#### Jack Cramer Scholarship

Encourage your deserving high school students to apply for the Jack Cramer Scholarship. The application can be found [HERE](#).



# safe sports school

NATIONAL ATHLETIC TRAINERS' ASSOCIATION

*Congratulations to the high schools and their Athletic Trainers from District 3 who have been awarded during 2016 & 2017!*

## District of Columbia:

Anacostia High School  
 Cardozo Education Campus  
 Columbia Heights Educational Campus  
 Coolidge Senior High School  
 Eastern Senior High School  
 Frank W. Ballou Senior High School  
 HD Woodson Senior High School  
 McKinley Tech High School  
 Paul Laurence Dunbar High School  
 Theodore Roosevelt Senior High School  
 Woodrow Wilson High School

## Maryland:

Aberdeen High School  
 Arundel High School  
 Bel Air High School  
 Bishop McNamara High School  
 C. Milton Wright High School  
 EgdeWood High School  
 Fallston High School  
 Frederick High school  
 Gaithersburg High School  
 Harford Technical High School  
 Havre De Grace High School  
 Joppatowne High School  
 McDonogh School  
 Montgomery Blair High School  
 North Harford High School  
 North Point High School  
 Parkville High School  
 Patterson Mill High School  
 South Hagerstown High School  
 Southern High School  
 St. Mary's Ryken High School  
 The Calverton School

## North Carolina:

A. C. Reynolds High School  
 Asheville Middle School

Charles D. Owen High School  
 Charlotte Country Day School  
 Enka High School  
 Fred T. Foard High School  
 Hendersonville High School  
 Holly Springs High School  
 John A. Holmes High School  
 McDowell High School  
 Middle Creek High School  
 Mountain Heritage High School  
 Pisgah High School  
 Providence Day School  
 Rockingham County High School  
 Southern Guilford High School  
 Wake Forest High School  
 Wakefield High School  
 Walter Hines Page High School  
 West Henderson High School

## South Carolina:

Ashley Hall  
 Campobello-Gramling School  
 Chapman High School  
 Crescent High School  
 Landrum High School  
 Landrum Middle School  
 Lugoff-Elgin High School  
 Ridge View High School  
 Socastee High School  
 T.E. Mabry Middle School

## Virginia:

E. C. Glass High School  
 Kecoughtan High School  
 The Potomac School

## West Virginia:

Wayne High School



## Committee on Practice Advancement

Michael L Hooper MA, ATC-L, CSCS  
District 3 COPA Representative



The Committee on Practice Advancement (COPA) is dedicated to the advancement of the Athletic Training profession by promoting AT's as health care professionals, demonstrating value, and providing support to expand career opportunities. The committee is comprised of members from various employment settings from multiple districts throughout the NATA.

Each setting is represented by its own subcommittee, with members from across the nation.

COPA recently met at the Joint Committee meeting in Dallas, Texas. The highlights for each individual setting are as follows:

Goals / Initiatives from each of the COPA workgroups:

### Communications:

- o Improve information provided on social media. The goal is for monthly information from each subcommittee to be posted (Facebook, twitter, etc.) and periodic articles on NATA blog, NATA News, and JAT.
- o Periodic Facebook live postings to answer FAQ's.
- o Improve workgroup engagements at the national, district, and state level.

If interested in becoming part of the communications workgroup, please contact Travis Gallagher at [travis.gallagher@nationwidechildrens.org](mailto:travis.gallagher@nationwidechildrens.org).

### Worth to Value:

- o In the process of developing resources for 3<sup>rd</sup> party reimbursement
- Marketing
- Contract negotiations
- Productivity in the setting
- Return of Investment strategies
- Patient satisfaction surveys
- Patient outcome metrics for the AT

### Military:

- o AT instruction (OPNAVINST 6400) signed in January that establishes the chain of supervision and scope of practice for AT's in the military setting (Navy and USMC). Prior to this document being signed, AT's were not officially recognized as credentialed health care providers in the military setting.
- o Continue to improve awareness and promote the AT role in the multidisciplinary model within the military medical system.
- o Military value in process of development.

### Performing Arts:

- o Developing value model and business case for PA setting.
- o Workshop at upcoming NATA symposium and AT expo

with guest speaker for Houston Ballet.

- o Presentation at NATA 2017: "The other side of the NBA: An introspective look at the preventative athletic training programs for two NBA entertainment teams".

### Physician Practice:

- o Physician Practice value model pending final approval before release to profession.
- o Survey pending approval – "Athletic Trainers in the O.R."
- o Role delineation study regarding AT's in the physician practice setting in development.
- o Salary survey for AT's in the physician practice in development.
- o Improving awareness and relationships with societies / organizations outside of the NATA.
- o Determining specialty skills in the physician practice setting – validating requirements for residency type programs.

### Health Care Administration:

- o Improve alignment with organizations / societies outside of NATA
- o Currently looking at future obstacles and opportunities for AT's in the setting
- o Currently looking for workgroup volunteers that work in an administration role (clinic / Hospital, Director position, etc.). If interested, please contact Michael Hooper at [mhooper3@cox.net](mailto:mhooper3@cox.net).

### Occupational:

- o Improving educational resources in the setting.
- o Value model in development.
- o Survey in design to provide additional resources for worth to value.

If you have any questions regarding the Committee on Practice Advancement or the military setting, please feel free to contact Michael Hooper @ [mhooper3@cox.net](mailto:mhooper3@cox.net).

## Student Senate Update

Emily Hildebrand, PhD, LAT, ATC  
MAATA Student Senate Co-Advisor



The student senate has been working hard to increase awareness of the profession through promotion of educational events and opportunities, collaboration with organizations across the district, and improving communication through different partnerships. We are comprised of 2 representatives from each state in District 3. Get to know our senior senators [HERE](#).

**Public Relations Committee**

Brandy Jones, MS, LAT, ATC, ROT - Chair



The NATA PR committee has been working hard these last few months. Last Fall, we completed a SWOT Analysis. Through our findings, we decided an update to our mission statement was needed. Additionally, we identified a lack of representation of all job settings within our committee and as a result developed liaison positions. These positions ensure

all job settings have a voice and also allow for us to collaborate with other committees such as GAC, SSAT, etc. We are excited about this new initiative and the doors it is opening to allow us to serve the membership better than ever before!

Also, I want to encourage you to visit and use the new public resource website, [www.atyourrisk.org](http://www.atyourrisk.org). The NATA has done a fabulous job with its development.

I am really looking forward to our upcoming annual symposium. The planning committee has developed a great schedule, so I encourage you make plans to attend! In addition to a great program, there will also be plenty of fun to be had, so bring a few extra dollars and plan on participating in our raffles/giveaways to support various MAATA and NATA initiatives.

Below you will find contact information for the public relations state representatives from each state. Please utilize their contact information to make them aware of all the awesome things that are going on in your state or if you would like to get involved. Such great athletic trainers make up District III and we want to make sure your efforts and hard work are being recognized! Also, don't forget about the wonderful [resources](#) the NATA has available to help you bring your marketing and PR initiatives to fruition.

STATE	State Representative	EMAIL
Chair	Brandy Jones	<a href="mailto:bnjones13@catowba.edu">bnjones13@catowba.edu</a>
VA	Ashley Day	<a href="mailto:VATAcontact@gmail.com">VATAcontact@gmail.com</a>
DC	Christina (Tina) Benson	<a href="mailto:cbenson@friendshipschools.org">cbenson@friendshipschools.org</a>
MD	Kelley Crowe	<a href="mailto:Kelleyelizabeth3@gmail.com">Kelleyelizabeth3@gmail.com</a>
NC	Nina Walker	<a href="mailto:walkern@email.unc.edu">walkern@email.unc.edu</a>
SC	Amanda Taylor	<a href="mailto:taylorar@cofc.edu">taylorar@cofc.edu</a>
WV	Hannah Harnar	<a href="mailto:hannah.harnar@westliberty.edu">hannah.harnar@westliberty.edu</a>

If you haven't already done so, please "follow" and "like" the District's social media accounts and interact with us. These are great tools to use in disseminating information and keeping our members interconnected.

Thank you for all that you do every day in providing exceptional healthcare to your patients and striving to make our district and profession the best it can possible be!

See you in May!

**District III EDAC**

Meghan Hammonds, MA, LAT, ATC - Chair



We are currently putting all the final touches on our events at NATA this summer in Houston. This year we are bringing back our service project. More details will be released over the next few weeks.

Our big day is Wednesday, June 28<sup>th</sup>. We are starting the morning off at 7 o'clock in the morning with our Educational Session on "Leadership and Entrepreneurship in Athletic Training". So, for you early risers come listen to our amazing speakers, Luzita Vela from the University of Texas Arlington and Murphy Grant from the University of Kansas.

To continue our EDAC day of events we will have our annual Career Day from 11:00am to 1:00pm. This year's career day will feature an array of outstanding certified athletic trainers. If anyone has any undergraduate students interested in our career day, please contact either me, Megan Hammonds at [mhammond@odu.edu](mailto:mhammond@odu.edu) or Roy Flores at [Arturo.Flores@nyu.edu](mailto:Arturo.Flores@nyu.edu).

To complete our day of events we will have our annual Town Hall Meeting and Social that evening from 6:00-8:30pm.

For more information please follow us on [Twitter](#), [Facebook](#) and [Instagram](#).

**NATA 2017**  
68th CLINICAL SYMPOSIA & AT EXPO  
JUNE 26-29 HOUSTON, TEXAS

**Wednesday  
June 28th**

**Educational  
Session 7-9**

**Career  
Day 11-1**

**Town Hall  
Meeting  
6-8:30**

**NATA CHAIR SUPPORTS DIVERSITY**

PIC·COLLAGE

## NATA Intercollegiate Council for Sports Medicine

Andy Carter, MS, ATC



Since the fall newsletter, the College and University Athletic Trainers' Committee (CUATC) has had several conference calls and a very productive weekend at the NATA Joint Committee Meeting in Dallas. The CUATC seeks to identify and address issues affecting college and university athletic trainers and their practice. Further, it works to develop tools to assist the college and university athletic trainers deliver health care more

effectively and efficiently. To that end, we have many of our own ongoing projects and are providing input and leadership to many others. Below is a summary of what we're working on at this time.

**Appropriate Health Care Summit:** The NATA and NCAA co-hosted the Inter-Association Summit on the Organization and Administration of Athletics Health Care Service in the College/University Environment in January in Dallas. The summit was co-chaired by former NATA President Jim Thornton and NCAA Chief Medical Officer Dr. Brian Hainline and attended by representatives from a large number of professional organizations who are stakeholders in athletics health care. Reports are that the summit was very productive and we expect drafts of best practice recommendations to be forthcoming.

**Best Practices for Documentation Workgroup:** A workgroup has been formed--led by Charlie Thompson and made up of athletic trainers from a variety of NATA committees--to develop recommendations for the documentation of athletic training services. The workgroup is working on a variety of issues including what services we should document, what content needs to be included, what barriers exist to appropriate documentation, and what technology is available to streamline the process. Ultimately, better, more uniform documentation should improve patient care, reduce liability, and enhance injury epidemiology. The workgroup hopes to have a draft of best practices available for the Board of Directors to review by June.

**BOC Facility Principles:** The BOC Facility Principles [online resource](#) is available to help you measure your athletic training facility's compliance with applicable regulations and best practices. Members of our committee are finalizing the next phase of the project which will provide recommendations for policies and procedures to insure the safe operation of an athletic training facility.

**Transition to Practice Workgroup:** Members of our committee are serving on the Transition to Practice Workgroup, which is charged with developing recommendations for programs and employers to assist students and new hires to make the jump from student to staff member.

**Intercollegiate Council for Sports Medicine:** As you may have seen in recent e-blasts, the NATA College/University Athletic



NATA INTERCOLLEGIATE  
COUNCIL for SPORTS MEDICINE

Trainer's Committee (CUATC) has been restructured into the Intercollegiate Council for Sports Medicine (ICSM) to address the varying needs of athletic trainers working in this diverse setting. The council will bridge the gap between the different groups within collegiate athletics, forming a broad, ongoing conversation in

which ATs from all backgrounds have a voice. The ICSM will still have district representation like the CUATC, but the roster will be expanded to include representatives from various levels and athletic conferences. A call went out for volunteers to fill vacancies on the council. Check out the [NATA Blog](#) about the new structure.

**CUATC Awards:** Congratulations to District 3 Member Greg Penzcek of Towson University who was named CUATC Assistant Athletic Trainer of the Year. He will receive his award in Houston.

**NATA Houston:** As you map out your continuing education for the summer, join us in Houston this summer at the CUATC Specialty Session on Reimbursement for Services Collegiate Setting.

If you have any issues or questions that the ICSM may be able to answer or address, please send them to me at [jacart@wm.edu](mailto:jacart@wm.edu).

## Education Advancement Committee

Melissa M. Snyder, PhD, LAT, ATC, CSCS, District 3 Rep



The Education Advancement Committee identifies short-term and long-term educational research priorities to advance evidence-based scholarship and to continually assess best practices related to athletic training education in order to enhance clinical practice and patient care and is a sub-committee of the Executive Committee for Education. We hosted an

Education Research Forum before the Educator's Conference in February. The committee is sponsoring a session at the NATA Convention titled, "Advancing Scholarship Through the Degree Transition," with Ashley Thrasher and Melissa Snyder from Western Carolina University, and Cailee Welch Bacon from AT Still University. The presentation will be Thursday, June 29, 1:15pm - 3:15pm.



**Honors and Awards Committee**

Bob Casmus, MS, ATC - Chair



Congratulations to this year's 2017 Hall of Fame Class, the Most Distinguished Athletic Training Award Winners and to our Athletic Training Service Award Winners. We tip our hats to each of you. This is an outstanding group of award recipients and they are very worthy of these accolades. Our winners come from a variety of employment settings

and everyone one of them has been involved serving to the athletic training profession at either the local, state, district and/or national levels. We are going to honor these recipients at the May 2017 MAATA Meeting and Symposium in Virginia Beach during the Honors & Awards Session. I hope that each of you will attend this session and share in the celebratory process for these prestigious award winning Athletic Trainers.

I want to say thank you to the anonymous members of the scoring groups for these awards as I know the assignment was fun and yet challenging at times. I really appreciate the leadership of John Bielawski - the Hall of Fame Sub-Committee Chair, Nancy Burke - Chair of the MDAT group, and Sherry Summers with Chairing the Service group. I especially would like to thank the MAATA members who submitted nominations and letters of support for the award nominees. Again, when the awards process re-opens in August 2017, I hope that the MAATA Honors & Awards Committee will receive even more nominations than we did this past year.

**Grants and Research Awards**

Bonnie Van Lunen, PhD, ATC, FNATA



The Grants and Research Committee received several outstanding proposals for the Fall 2016 cycle. Following review the committee recommended funding for the following four proposals:

- Examination of fear of re-injury, fear avoidance beliefs, physical activity and patient-based and functional outcomes after ACL construction  
**Investigators** – Shelby Baez, MS, TC; Johanna Hoch, PhD, ATC  
**Institution** – Old Dominion University
- Visual patterns during distractive and interactive tasks following ACL reconstruction  
**Investigators** – Stephan Bodkin, MEd, ATC; Joe Hart, PhD, ATC  
**Institution** – University of Virginia
- Examination of the foot core system in those with plantar fasciitis  
**Investigators** – Kathleen Hogan, MSAT, ATC; Matt Hoch, PhD, ATC  
**Institution** – Old Dominion University
- Fitness level as predictor of performance deterioration in individuals after ACL reconstruction  
**Investigators** – Lindsay Slater, MA, ATC; Joe Hart, PhD, ATC  
**Institution** – University of Virginia

The MAATA grant funding proposal is an ideal opportunity for new investigators to submit their research ideas to, as it assists with providing seed funding for smaller projects which need to be conducted in order for larger scale projects to be explored. We congratulate all of our awardees and encourage all investigators to apply for this funding opportunity for the next

round of applications which currently has a deadline of October 1, 2017. All materials for the application can be located through the MAATA web link. Investigators are expected to present their outcomes at an upcoming District meeting within 1 year following completion of the research project.

**SAVE THE DATE!**



**McLeod Sports Medicine Symposium**

June 24, 2017

*Southeastern Institute of Manufacturing and Technology (SiMT) at Florence Darlington Technical College • Florence, SC*

\$100 Registration Fee, Lunch Provided  
Student Fee: \$25  
Register online by June 16, 2017 at [www.peedeeahec.net](http://www.peedeeahec.net)  
843.777.5543

Continuing Education  
ATC = 7.25 Hours  
PT, PTA = 7.25 Hours  
OT, OTA = 7.25 Hours  
PT, PTA (NC) = 7.25 Hours

**The Art of Manipulating Pain in Your Athlete: Holistic and Manual Techniques**

**The Science of Pain and Symptom Transmission: Reducing Pain Symptoms in Peripheral Joint Injuries**  
Greg Bielec, ATC, DPT

**The Psychology of Pain: Assessment and Management in Multidisciplinary Care**  
Ashley Harbin, PhD, CBIS

**Multimodal Pain Management of the Surgical Patient**  
Patrick Denton, MD

**Current Trends in Pain Science: Holistic Approaches to Athletic Pain**  
Joseph Garcia, MD

**BREAKOUT SESSIONS (Choose 4)**

1. Hip & Pelvic Assessment and Treatment Using Muscle Energy Techniques

2. Stickin' It to Pain – A Dry Needling Approach

3. Manual Therapy Techniques

4. Splinting and Casting with Fiberglass

5. Making Headway...Effective Solutions for Long-term Symptoms or Repeated Traumatic Brain Injury (Presented by Hillary Shafto, LPCA & Reggie Clark, Former NFL player)

**McLeod Sports Medicine**